

## Appeal for support

### Dear Patrons

We appeal you to join your hands with us in this mission to preserve and propagate traditions of Ayurveda, Yoga and Vedanta. We appreciate your participation as delegates and support by generous donation, offering sponsorship and giving advertisement in Souvenir.

Thanking you

Chairman & Members  
Conference Committee

### Conference Committee

- Smt Tejaswini Ananthkumar**, Trustee Adama Chetana - Chief Patron  
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### Bank Details for E-transefor / RTGS /NEFT

Name of the Account : AYY Conference  
Current A/c No. : 414901010035444  
Bank : Union Bank of India  
Branch : Rajajinagar, Bagalore  
IFS Code : UBIN0541494

### Delegate registration

#### Delegate fees:

Doctors , Teachers & others:Rs.2,000/-  
P.G. Students: Rs.1000/-  
Foreign Deligates: \$ 150  
Last date for registration:15-11-2014  
No spot registration.

No of delegates Accepted are limited

Administrative Office,

### AYV conference 2015

Karnataka Samskrit University, Pampa Mahakavi Road,  
Chamarajpet, Bangalore - 560019, India.

### Contact:

M. Ashok - 98451 31994, Dr. Muralidhar - 93412 13376  
H.V.Subbarao - 94490 02020 email: ayvconference2015@gmail.com,  
poornayu.hospital@gmail.com www.ayvconference2015.com  
www.ksu.ac.in www.poornayu.org

## The Yoga Parijnana Pratishthana - Poornayu Ayurveda Hospital

# 621, Dr. Rajkumar Road, 2nd Block, Rajajinagar,  
Bangalore - 560 010 Ph: 080 23528787

The Yoga Parijnana Pratishthana Is a non-profit organization established in 2004 by Ayurvedic scholars and philanthropists. The aims and objectives of the trust are to propagate and preserve the Indian systems for holistic health of individuals and society, which is in harmony to the Indian culture and soil. With this objective, the trust has started Poornayu Ayurveda Hospital at Rajajinagar, Bangalore with all facilities. The Trust is rendering service successfully to public by various programs based on Ayurveda , Yoga and Vedanta for last 10 years.

As a mark of Dashamanotsava Celebration, a Free Ayurveda Health Center for rural public and Pooranayurdhama a Center for Ayurveda-yoga and Vedanta at 'Rishi Dhama' Hale Byrohalli, Kengeri-Tavarekere Road, Kengeri Bangalore are established.

### Karnataka Samskrit University

Karnataka Samskrit University ( KSU ) was established in 2010 by the government of Karnataka exclusively for the development of Samskrit language which has a glorious tradition in Indian society spanning diverse fields such as literature, medicine, philosophy, arts, sculpture and many more. 31 Samskrit colleges, 350 Sanskrit and Veda Patashalas , five Research Organizations spread across length and breadth of Karnataka were brought under University. KSU has many objectives to bring back many of the old traditional knowledge and wisdom spread across different shastras, Veda / Vedantic texts on almost every aspect of society – including health sciences. Currently, KSU is working from the campus of Sri Chamarajendra Sanskrit College, Bangalore.

### TOURIST INTEREST PLACE



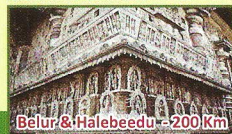
Somanathapura - 100 Km



Mysore - 130 Km



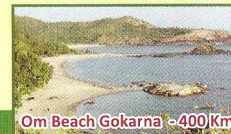
Hampi - 300 Km



Belur & Halebeedu - 200 Km



Shravana belagola - 140 Km



Om Beach Gokarna - 400 Km



YOGA PARIJNANA PRATISHTHANA (R)  
POORNAYU AYURVEDA HOSPITAL, BANGALORE  
&  
KARNATAKA SAMSKRIT UNIVERSITY, BANGALORE  
jointly organise

**Ayurveda-Yoga-Vedanta  
International conference Jan - 2015  
on**

**Traditions of Ayurveda,  
Yoga and Vedanta -  
Classical perspectives and  
modern perceptions**

10<sup>th</sup> and 11<sup>th</sup> January 2015

**Venue  
Shikshaka Sadana, K.G. Road,  
Bangalore - 560 002 INDIA**



## Conference context

**Ayurveda** is science of healing and a way of healthy happy and long living . It literally means to know about life (AYU-Life, VEDA-Knowledge). It is defined as one which looks after the welfare of all human beings with regard to their physical, mental, sociocultural and spiritual well being.

**Yoga** is a way of life. Practice of Astanga Yoga (8 limbs) helps to remove afflictions and it leads once self to prepare for self knowledge and attain **“KAIVALYA” - Total Freedom.**

**Vedanta** is ‘means of knowledge’ to remove ignorance about ‘Self’ identity and to understand **“YOU ARE THAT - Limitless Happiness”.**

The fundamental objectives of the three disciplines is ‘happiness’ devoid of all earthly sorrows and pain. The three disciplines put together are in complete alignment with the World Health Organization’s latest definition of complete health – “Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity”. The origin of these three disciplines are quite ancient.

These three disciplines which have their base in our ancient ‘scriptures’ are very much relevant to answer present day issues regarding physical, mental, social and spiritual well being not only for Indians but also for whole mankind. Need of the hour is to initiate a kind of ‘movement’ to preserve and propagate these three disciplines with their classical perspectives as there is lot of confusion and controversy and manipulation in India and outside. Hence this conference is organized with the objective-

- \* To promote classical perspectives of Ayurveda, Yoga and Vedanta based on Scripture and highlight its relevance in the current day context.
- \* To arrive at action point recommendations for concerned institutions and government authorities to help preserve and promote classical traditions in the three fields.

## In Conference Sessions

### Ayurveda

- \* Promotion of health and preventive care – Myths and facts
- \* Issues in practicing classical ayurveda – reasons and perceptions
- \* Practical case study discussions of challenging cases (Ksharasutra –Psoriasis, Neurological/coma, Disc herniation Dental case study, Liver disorder, Psychiatric - Gynecic etc.)
- \* Panchakarma: - Classical perspective and modern misconceptions
- \* Classical and Patent medicines, misconceptions.
- \* Issues in implementing “Standard Therapeutic Guide”

### Yoga

- \* Yoga-classical understanding and modern misconception
- \* Yoga as philosophy and way of life for physical and mental wellness and for inner growth.
- \* Yoga and modern psychological principles in managing EQ and IQ.

### Vedanta

- \* Vedanta-Traditional understanding and modern mis-conceptions.
- \* Vedanta & its relevance in modern competitive and stressful way of life for people of all religion and faith.
- \* The principal of 'consciousness' and its relation to wellness and meaning full living.

### Parallel Sessions - paper presentation

Presentation of selected research papers by scholars in accordances with the above topics and conference theme- will be held in parallel sessions.

### Souvenir

A Souvenir will be brought out on this occasion. Articles are invited by the scholars in Ayurveda, Yoga and Vedanta on topics of conference. **Articles can sent by email and it should reach before 15th Nov 2014.**

### Delegates & Participants

Teachers, Practitioners, Research scholars, PG Students and interested persons can participate in the conference as a delegates.

### Exhibition

Leading pharmaceutical companies, health institutes of ayurveda & Yoga will expected to participate in the Exhibition

## Eminent Speakers at the Conference

### Prof.R.H.Singh,

Department of Kayachikitsa, Faculty of Ayurveda, Institute of Medical Sciences, Banaras Hindu University

### Prof.M.S.Thimmappa

Former Vice chancellor of Bangalore University, Eminent professor of psychology

**Prof. K. Ramasubramanian** - Department of Humanities and Social Sciences, IIT Bombay Scholar of Sanskrit, Pali/Prakrit, Arabic and Persian languages or the ancient Indian wisdom, synergy between modernity and tradition. Awardee of Maharshi Badarayan Vyas Samman.

### Mr.Amadio Bianci

Swami Suryananda Saraswati -, Italy, is President of : World Movement for Yoga and Ayurveda, European Yoga Federation, Scuola Internazionale di Yoga e Ayurveda

### Swami Ananda Chaitanya

Founder, Yoga Vidya Gurukulam - Chennai & Italy

### Swami Ramaswaroopananda

Shivanand Ashram, Uttara kashi, Internationally Known Teacher of Vedanta

**Swamy Shivaprakashananda**, Resident Acharya - Arsha Vidya Kendra, Bangalore.

### Dr.S.G.Mangaligi -

Dean, Sri Sri College of Ayurvedic Science & Research Hospital, Bangalore and Former principal, Govt.Ayurvedic Medical College, and Former Deputy Director, AYUSH,

### Dr. Shrinivasa Murthy,

Acharya-Rigveda & Yajurveda

### Dr. Srinivas H Acharya

Ex Profssor of Panchakrma and Head of International Centre at Gujarat Ayurved University, Jamnagar.

### Dr. S.N. Omkar,

Principal Research Scientist, IISc, Bangalore.

### Dr. Ramesh P.R. Varier

CMO, Supdnt. Ary Vaidya Shala, Kottakal, Delhi.